



**DETSKÁ  
CHIRURGIA**  
OZ SLNIEČKO NA CESTE!



## FIRST AID WHEN YOUR CHILD IS HOSPITALIZED

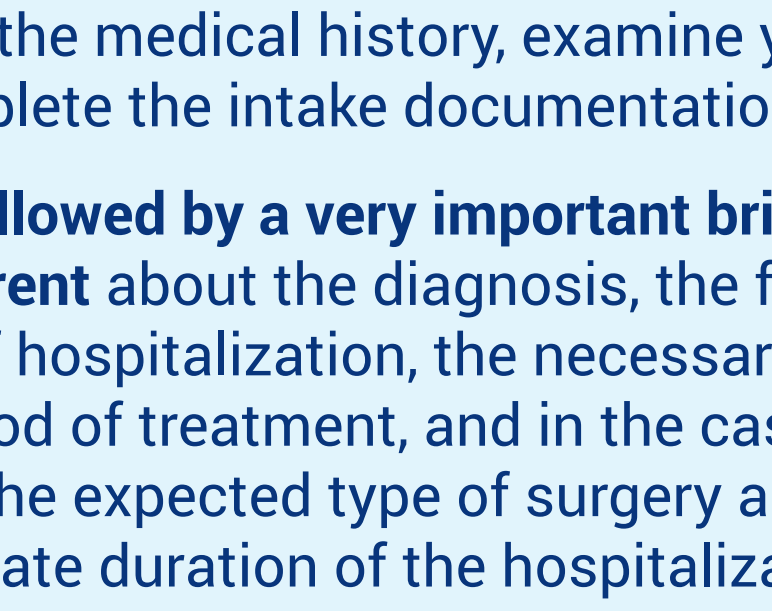
Dear parents,

You are probably under quite a lot of stress right now, worried about your child, and you have no idea what to expect in the next few moments or even days. We know it's not easy, and that's why we are here for you!

**In cooperation with the doctors and nurses, we put together the following, to guide you through everything you need to know right now.**

We believe that it will be helpful to you and provide you with answers to all the questions that you face the moment your child is admitted to the hospital

## WHAT AWAITS YOU WHEN YOUR CHILD IS ADMITTED AND HOSPITALIZED?



**From the outpatient clinic, you have been sent to a specific ward** – please wait there for the arrival of the nurse/nurse practitioner.

**Do not give your child anything to eat or drink and have at the ready:** your child's medical records and insurance card, your identity card and insurance card.

**With the help of the nurse/ nurse practitioner, your child will go through a so-called hygienic filter** (showering, changing into clean clothes – pyjamas, slippers).

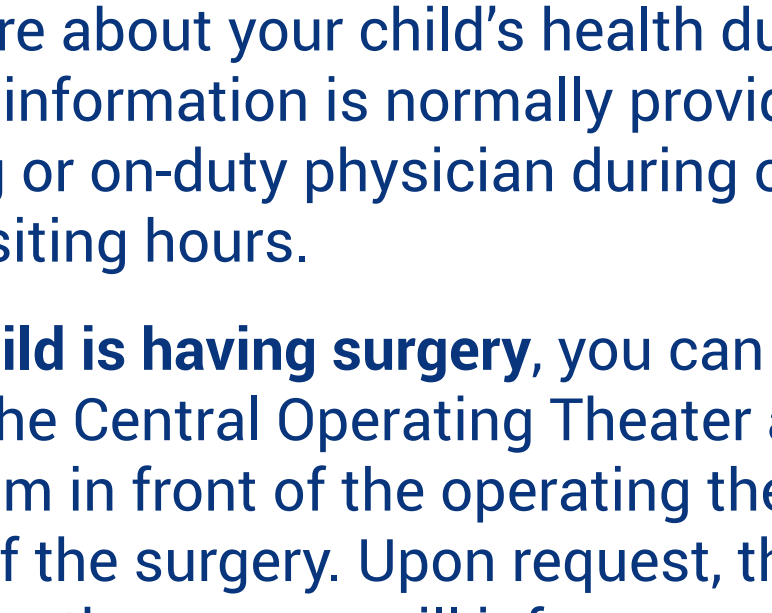
**Next, you will go to the ward's admission/exam room**, where the nurse will weigh your child, take their temperature (record their medical history), mark them with an identification bracelet, and place them on the examination bed.

**The attending/on-duty physician will come** and take the medical history, examine your child, and complete the intake documentation.

**This is followed by a very important briefing of the parent** about the diagnosis, the further course of hospitalization, the necessary tests, the method of treatment, and in the case of surgery, the expected type of surgery and the approximate duration of the hospitalization.

**You will confirm this information by signing the Informed Consent for hospitalization, and, if applicable, surgery** (in the case of planned surgical procedures, you sign this consent in the pre-admission clinic).

**In the case of an emergency admission**, they will tell you exactly what to bring to the hospital for your child – e.g., regularly taken medications, pyjamas, slippers, toiletries...



**If you and your child are staying in the ward**, they will explain to you the rules of the ward, i.e., the hygienic and epidemiological regime and the accommodation regulations.

**Ward rounds are important, which take place twice a day**, and parents must leave the room while these are happening.

**You will also be given information about breakfast, lunch, and dinner times**, and up-to-date information about the availability of beds or private rooms for parents. In case of an emergency hospitalization, you will be offered a private room if one is available at the time.

**For planned surgeries, you can book a private room** in advance by calling our head nurse **02/593 71 349**.

**Your child receives meals during the entire hospitalization**; if interested, you can also order meals for yourself (hospitalized parent or companion).

**Unfortunately, we have limited accommodations for parents**, so preference is given to parents with younger children. For newborns and infants up to 3 years old, every mother is guaranteed a bed.

**If you are NOT hospitalized with your child, you will be given information about visiting hours (they are every day from 15:00 to 17:00)**, and also a phone number to the ward, where you can inquire about your child's health during the day. This information is normally provided by the attending or on-duty physician during or shortly before visiting hours.

**If your child is having surgery**, you can escort them to the Central Operating Theater and wait in the room in front of the operating theater for the end of the surgery. Upon request, the doctor performing the surgery will inform you directly about the outcome of the surgery. You can also obtain information about the outcome of the surgery by calling the ward directly.

**During hospitalization, your child will need to undergo various examinations, specimen collections, specialized or imaging tests (RTG, USG, CT, MRI)**, the results of which may change the method or duration of treatment. You can receive information about these in person or by phone from the attending or on-duty physician.



**Visits to our Clinic** are governed by several important regulations that are in the best interest of your child and we ask that you follow them. Thank you for respecting that children under the age of 15 are not allowed to visit, nor are large group visits appropriate. In all things, it is important to consider the current health of your little patient.

**If you wish to bring in any food, you must check with the nursing staff** that it fits your child's current diet.

**The Clinic has a nursery for children aged 2 years and older**, and a primary school for school-age children (afternoon activities with a teacher).



**On the day of discharge**, we will give you a discharge report summarizing the course of your child's hospitalization, test results, type of treatment and surgery, as well as recommendations for further outpatient and home care. We will also explain all of this to you, so don't be afraid to ask questions, we will answer all your questions and tell you everything you need to know about your child's treatment regimen after discharge from the hospital, and, of course, the date and location of the next outpatient follow-up appointment.

**After receiving the discharge report**, check with the room nurse that you have sorted out all formalities (e.g., payment for bed/board for the parent or companion...).

**Pack all personal belongings carefully, and your child is now officially discharged from the hospital for further home and outpatient care.**

If you want someone other than a legal guardian to pick up your child, they must have a notarized authorization to do so. Otherwise, your child can only leave the hospital accompanied by a parent or legal guardian.

**We wish you a speedy recovery and good health in the future, and as few reasons as possible for returning to the hospital!**



## Občianske združenie Detská chirurgia (Pediatric Surgery Civic Association) - OZ SLNIEČKO NA CESTE!

If you have the opportunity and desire to help us in any other way, financially or personally, we would appreciate it if you would let us know.

Thank you.

Your Team Slniečko



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